

Established 2000

December 2007

*Special points of
 interest*

- December's Program features a holiday themed discussion topic
- Best wishes to a former SWHRMA President
- Important Announcement Regarding 2008 Luncheons

Inside this issue:

Luncheon Speaker	2
New SWHRMA Members	2
2008 Luncheon Location Change	2
Luncheon Reservation Form	3
HR Job Opening Information	4
2007 Board of Directors	5

December Program

The Holidays: Distress or De-Stress Jeff Brockway

"Pending HRCI Pre-Approval for General Recertification Hours"

TUESDAY, December 11th, 2007

11:15 AM - 1:00 PM

11:15 – 12:00 PM – REGISTER/NETWORK/LUNCH

12:00 PM – 1:00 PM PROGRAM

Location:

Royal Oaks Country Club
 8917 NE Fourth Plain Road

SWHRMA Member, Pre-Registered/Pre-Paid: \$20.00

Non-Member, late SWHRMA member registration and walk-in's: \$30.00

Register online at www.swhrma.org

REGISTRATION DEADLINE: 12/4/07

The holiday season can be a very stressful time for employees and their families causing fall-out that can impact the workplace and extend far beyond the holiday season. This fall-out can affect productivity, attendance, and the health and well-being of the employees and their family members.

In this session, HR Professionals will learn:

- ✓ The reasons behind holiday stress and the impacts it can have on the workplace;
- ✓ How to identify the various types of stress that is particularly evident during the holiday season;
- ✓ What the reasons are behind the various types or stressors;
- ✓ Methods that employees may seek which are temporary in nature and potentially detract from productivity and attendance; and
- ✓ Healthy methods to help their employees manage during the holiday season, maintaining productivity, focus and attendance.

December Luncheon Speaker Jeff Brockway

Mr. Jeff Brockway is currently the Clinical Manager of Employee Assistance, Chemical Dependency, and Spiritual Care Services at Southwest Washington Medical Center. Mr. Brockway is a Registered Mental Health Counselor and is certified as a Chemical Dependency Counselor in Washington. He is Nationally Certified as an Addictions Counselor and a Substance Abuse Professional. He has worked as a counselor and Clinical Director in the behavioral health field for over 22 years. He has served adults, children and adolescents in faith based, community mental health counseling, alcohol and drug treatment, private practice, special education, and community education settings.



In addition, Mr. Brockway is on the Speakers' Bureau for Southwest Washington Medical Center and Clark County Community Services Alcohol and Drug Program. He has maintained a limited private practice in counseling, consulting and training since 1986.

Welcome New Members!!!

Joanne Hagner

Sr. Human Resources Generalist
Woodinville Lumber and Affiliated Companies

Important SWHRMA Meeting Announcement: Change of Monthly Association Meetings – January – June 2008

Please be aware that due to extensive renovation Royal Oaks will be undergoing between January and June 2008, our monthly meetings will be moved to the Riverview Operations Center during that time. The Operations Center is located on the corner of Mill Plain Blvd. and 172nd Avenue . You can continue to look forward to great food while we're at the Operations Center, because we've hired Always Perfect Catering to cater the lunches! We're excited about the menu and quality they bring – no cold sandwich trays for us! We will be back to Royal Oaks beginning in August.

“Jeff Brockway is currently the Clinical Manager of Employee Assistance, Chemical Dependency, and Spiritual Care Services at Southwest Washington Medical Center”

Best Wishes!!!

SWHRMA would like to thank Gary Sanford for all his service to our chapter and wish him all the best as he moves to Utah to pursue his ideal job opportunity! Gary served as SWHRMA's second president and was also a founding board member. Good luck Gary, we'll miss you!



Luncheon Reservation Form

December 11th, 2007 Focus: The Holidays: Distress or De-Stress

SWHRMA Monthly Luncheon:
The Holidays: Distress or De-Stress
 11:15AM – 1:00PM
 SWHRMA Member, Pre-Registered/Pre-Paid \$20.00
 Non-Member and walk-in's \$30.00
 Late Registration for SWHRMA members \$30.00



Located at: Royal Oaks Country Club
 8917 NE Fourth Plain Rd
 Vancouver, WA 98662-6570
 Phone: (360) 256-1250



REGISTRATION INFORMATION

Registration Deadline: December 4th, 2007.

Payment Options: Visa, MasterCard, Check or Cash.

Make checks payable to: SWHRMA (FEIN # 91-2052754).

Luncheon Cancellation Policy: If you are unable to attend you may send someone else in your place. Requests for refunds must be made before 12/6/07. No shows will be billed.

For more information Contact:
 Wendy Henderson at 360-397-0332 or email
registerswhrma@yahoo.com

AFFILIATE OF



Online registration is available at www.swhrma.org. **Be sure to login to receive member pricing online!**

Use one form per registrant. Mailed payments may be sent to:
 SWHRMA
 PO BOX 871285
 Vancouver, WA 98687

REGISTRATION INFORMATION – Please complete all sections			
Name:	Will you need HRCI credits?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Employer Name:			
Street Address:			
City:	State:	Zip:	
Phone: () -	Fax: () -		
e-mail:	Are you a current SWHRMA member?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Would like more information
PAYMENT INFORMATION All checks may be made payable to SWHRMA, FEIN # 91-2052754, U.S. funds only.			
<input type="checkbox"/> Check is enclosed	<input type="checkbox"/> Check is in the mail	<input type="checkbox"/> Pay at the door	<input type="checkbox"/> I paid via the SWHRMA site

HR Job Openings

If you are searching for human resource employment opportunities, or your company needs to fill a human resource position, you can go to the SWHRMA web site at www.swhrma.org, and click on “HR Careers”. This links directly into the Portland Human Resource Management Association and Society for Human Resource Management Association Job Banks. While there is no charge to an individual posting their resume, there is a small charge to businesses posting openings to these Job Banks.

SWHRMA now has the capability to post HR related job openings on our website for free!

Does your company have a job opening for an individual in Human Resources? If so, please see the tab, “Job Posting” on the SWHRMA website for more information.



Luncheon Sponsors

If you know of a business that might be interested in sponsoring an upcoming SWHRMA luncheon, please contact Leah Cox at:

417 NE 136th Street
Vancouver, WA 98685
(360) 576-4223

Leah.Cox@adaliscorp.com

*“Does your company
have a job opening for
an individual in
Human Resources?”*

Advertising

You can advertise your HR related products or services on Southwest Washington’s leading website for Human Resource professionals. Visit www.swhrma.org for more information.





SWHRMA
P.O. Box 871285
Vancouver, WA 98687

Published Monthly by SWHRMA
David Konz, Editor

We're on the Web!
www.swhrma.org



2007 Board of Directors

Angie Sperandio-Hart
President
Micropump, Inc.
(360) 258-7651 / asperandiohart@idexcorp.com

Lisa Hobbs, SPHR
President Elect/Programs Co-Chair
OMSI
(503) 797-4667 / lhobbs@omsi.edu

Ann Nordquist, SPHR
Vice President/Programs Chair
Express Home Help
(503) 612-2005 / ann.nordquist@EPSHomeHelp.com

Jennifer Burris, PHR
Secretary
PML Microbiologicals
(503) 570-2500 x189 / jburris@pmlmicro.com

Rainer Seitz, PhD
Director of Communications
Washington State University - Vancouver
(360) 608-0093 / seitzr@vancouver.wsu.edu

Elizabeth Stork, PHR
Treasurer
Pendleton Woolen Mills
(360) 835-2131 x228 / elizabrs@penwool.com

Becky Whitten, SPHR
Workforce Readiness Director
Tidland
(360) 834-2345 x445 / bwhitten@tidland.com

Tamara Russell, PHR
College Relations Chair
Family Health Center
(360) 636-3892 x160 / trussell@cfamhc.org

Cerise Jolliver, PHR
Membership Director
Red Lion at The Quay
(360) 750-4905 / cerisej@pacifier.com

Pam Noll, PHR
SHRM Foundation/Diversity Advocate
Con-way Enterprise Services
(360) 921-8028 / noll.pam@con-way.com

Susan Shaffer, PHR
Professional Development/Certification Co-Chair
Boeing, Inc
Susan.B.Shaffer@boeing.com

Michelle Allan, PHR
Professional Development/ Certification Director
Port of Vancouver
(360) 574-5708 / boaday@comcast.net

Carrie Cofer, SPHR
Legislative Director
Columbia Machine, Inc.
(360) 649-1501 / carcofi@colmac.com

Krista Holland
Website Director
Riverview Community Bank
(360) 514-5103 / kholland@riverviewbank.com

Julie McCord, SPHR
Past-President
HR Basics
(360) 695-1013 / mccordhr@comcast.net

Allison Rice
Student Chapter President
Washington State University - Vancouver
(360) 513-3109 / allisonwsuhr@gmail.com